



The Bishop's Initiative to Eliminate Hunger



October is Hunger Awareness Month

Designate one Sunday as ***Hunger Awareness Sunday***

Use worship resources from *Recipe for Enough* materials (available at www.umi.net) or other hunger-related resources

As a congregation, take the ***Food Stamp Challenge***.

- Encourage members to live for a week on \$21 per person. Additional resources and ideas are available in the *Recipe for Enough* kit and on the web site.

Invite a guest speaker to address the root causes of hunger.

Organize a **short-term study** about domestic hunger or about voting as Christians. See the website for resources.

Have a Setting the Table meal and discernment activity if you haven't already (see *Recipe for Enough* for more information)

In Idaho, **participate in the Summit on Hunger** October 10th. Go to www.idahohungersummit.org for more information and to register.