



# HUNGER RESOURCE BIBLIOGRAPHY

## Web Sites:

[www.secondharvest.org](http://www.secondharvest.org) provides a connection of food banks and food rescue organizations serving all fifty states. This web site features up-to-date hunger statistics.

<http://www.bread.org/> is a primary interdenominational organization focusing on public policy issues addressing hunger both domestically and internationally.

<http://www.frac.org/> contains the latest U.S. hunger statistics, information of child nutrition programs, food stamps, and federal nutrition programs.

[www.mazon.org](http://www.mazon.org) Sponsored by the American Jewish community, it has a hunger quiz, links to other resources, and a call to political advocacy.

<http://www.usccb.org/cchd/povertyusa/edcenter/index.shtml> the Catholic Campaign for Human Development site features a poverty quiz, the voices of poverty, and up-to-date statistics on hunger in America

[http://www.hungernomore.org/web\\_resources.html](http://www.hungernomore.org/web_resources.html) offers a downloadable version of the teaching curriculum (Christian or Jewish) as well as links to many other hunger-related sites.

<http://www.worldhungeryear.org/fslc/> is an electronic learning center that pulls together in one place information on community food security, nutrition, domestic hunger and poverty, federal food programs, rural poverty, the family farm crisis, and migrant workers.

<http://www.oxfamamerica.org/whatyoucando/teachers> is a site for teachers wanting to educate their students about poverty, globalization, and social and economic injustice. Use these resources to communicate with young audiences in a simple, provocative, and fun way.

<http://www.hungerbanquet.org/> is an interactive site that demonstrates the reality of hunger.

<http://nutrition.tufts.edu/academic/hungerweb/> has tales of real-life grassroots “heroes.”

[http://www.nwfco.org/job\\_gap.htm](http://www.nwfco.org/job_gap.htm) provides the most current information on the gap between jobs and living wages in the Idaho.

[www.pcusa.org/hunger](http://www.pcusa.org/hunger) engages Presbyterians in the fight against hunger in the United States and worldwide and includes education, food relief, development assistance, and public policy advocacy.

[www.lwr.org](http://www.lwr.org), the Lutheran World Relief site seeks lasting solutions to poverty and injustice, including issues of emergencies, fair trade and development.

[www.endinghungernow.org](http://www.endinghungernow.org), contains a congregational usage guide to the book by the same name as well as links to more than 250 hunger organizations and online discussion forums.

<http://www.idahofoodbank.org/>  
<http://www.oregonfoodbank.org>

<http://www.nccusa.org/> the National Council of Churches site has links to resources for ministry and mission on poverty, environmental issues and other justice-related subjects

<http://www.ers.usda.gov/Briefing/FoodSecurity/> is the USDA Economic Research Service web site – with up-to-date data and links

<http://www.centeronhunger.org/> includes state rankings and an analysis of US hunger and food insecurity.

<http://www.cbpp.org/> is the web site for the Center on Budget and Policy Priorities. It analyzes U.S. policies and budget recommendations. The tab “Areas of Research” includes information on food assistance (Food Stamp programs state by state) and Poverty/Income as well as other related areas of study.

<http://www.hungercenter.org/> is a nonprofit anti-hunger training organization with information about Hunger Fellows available to work in local communities, and articles and links to statistics about poverty in the U.S.

<http://www.endhunger.org/> is the Society of St. Andrew’s web site. You can order or download seasonal devotional materials, a Bible study on hunger and information about Vacation Bible School projects.

<http://www.fns.usda.gov/fns/> is the USDA web site with up-to-date statistics, a video on the Food Stamp program and information on all Federal nutrition programs.

<http://faithfuldemocracy.org/> is a web-based project that aims to inspire people of faith to participate thoughtfully in the 2008 electoral cycle.

<http://www.results.org/website/article.asp?id=31>

Results is a grassroots citizens advocacy organization comprised of citizens in more than 100 communities across the United States who lobby members of Congress for effective solutions to hunger and poverty in the U.S. and abroad. Their mission is to create the political will to end hunger and the worst aspects of poverty and to empower individuals to have breakthroughs in exercising their personal and political power. Has many downloadable resources and valuable links.

## Studies

**for they shall be fed** – edited by Ronald J. Sider

Available online through Barnes and Noble or Amazon, this book contains scripture readings and prayers for a just world. At the end are study questions, divided into eleven weeks of lessons, that are tough, weighty, and guaranteed to challenge theological interpretation and contemporary application. ISBN 0-8499-5314-4

### **Finding Solutions to Hunger: Kids Can Make a Difference.** Kempf, Stephanie

This guide looks at definitions of hunger, causes of hunger, and what can be done to help eliminate hunger. The lesson plans incorporate reading and writing exercises, role-playing, analysis of figures and statistics, reflections and journal-writing. The activities aren't age-specific, but they are interactive, and provide ideas for eliciting children's interest. It also provides useful statistics and background information. Kids Can Make a Difference is a program of World Hunger Year. Available from World Hunger Year, \$22.00, phone: 212-629-8850

[http://www.worldhungeryear.org/nhprg/nhprg\\_res\\_paged.asp?org\\_id=1009&res\\_id=23349](http://www.worldhungeryear.org/nhprg/nhprg_res_paged.asp?org_id=1009&res_id=23349)

### **Downloadable Studies (free)**

#### **Our Daily Bread: Harvesters of Hope and Gardeners of Eden**

Explore the process of putting the Spirit of God back into the life-giving acts of producing and consuming food. *Our Daily Bread: Harvesters of Hope and Gardeners of Eden* is a study, worship, and action guide from the National Council of Churches, which includes background material, a bulletin insert, sermon starters, ideas for youth and adult study, and suggestions for personal and congregational action. It also introduces faith-driven principles for a more just farm policy and an opportunity for direct action with your elected representatives.

<http://www.nccecojustice.org/resources.html>

#### **At the Lord's Table: Everyday Thanksgiving**

Eat mindfully--mindful of the farmers and rural communities, the rich soil and clean water, and God's plentiful provision--without which our tables would be empty. Doing so instills thanksgiving and calls us to right relationship with all of creation. Explore and celebrate the blessing of every bite with this guide for study, worship, and action.

<http://www.nccecojustice.org/resources.html>

#### **Turning the Ship – Building Champions to End Poverty**

An outreach and engagement tool for faith communities. RESULTS "Turning the Ship" faith-based curriculum is a multi-week study focused on social justice, advocacy and religion. RESULTS core values serve as a template for the study providing an excellent resource for congregations looking to get more involved in advocacy around hunger and poverty. This study can also serve as a great tool for outreach to faith communities about RESULTS and their our work.

<http://www.results.org/website/article.asp?id=1839>

#### **The Fast That I Choose**

Society of St. Andrews offers a study that explores what the Bible says about hunger. By examining the issue of hunger from a biblical perspective, the study seeks to make clear that one of the surest ways to test the quality of our walk with God is to examine the way we respond to the needs of others.

Throughout the study, preconceived ideas about hunger and poverty are challenged as participants encounter God's preference for the poor as revealed in scripture. Finally, the study challenges participants to respond out of their faith in Jesus in concrete ways to the reality of hunger in our world.

<http://www.endhunger.org/study/index.htm>

### **Religion & Politics** – A Campaign Season Guide for Houses of Worship

Published by The Interfaith Alliance, this guide provides an excellent guide to which political activities are allowed within a faith community and which would jeopardize non-profit status. More importantly, it gives suggestions on navigating “yellow light” issues.

<http://www.interfaithalliance.org/site/pp.asp?c=jkLSJ6MRKvH&b=3094259>

**Hunger No More.** Milano, The Rev. Mary. Bread for the World. A six-week basic, introductory curriculum for people of faith, applicable to children, youth or adults.

<http://www.hungernomore.org/download.html>

**Feeding Minds, Fighting Hunger** Three easy to use lessons are provided for each of three levels of education – primary, intermediate and secondary – all of which cover, in varying depth and complexity, the topics *What are hunger and malnutrition and who are the hungry? Why is there hunger in the world? and What can we do to help end hunger?* Available at [www.feedingminds.org](http://www.feedingminds.org).

### **Fact Sheets, Videos and Resources:**

#### ***Video: “Community Hunger Champions: Helping People Eat Right When Money’s Tight***

This 7-minute film will show you how community-based organizations and food stamp offices can work as a team to increase food stamp participation.

[http://www.fns.usda.gov/fsp/outreach/tool-kits\\_state.htm](http://www.fns.usda.gov/fsp/outreach/tool-kits_state.htm)

#### ***Food Stamp Toolkit***

Provides outreach information that could be used by community ministries to increase food stamp usage by eligible participants.

[http://www.fns.usda.gov/fsp/outreach/tool-kits\\_state.htm](http://www.fns.usda.gov/fsp/outreach/tool-kits_state.htm)

#### ***Video: “Community Hunger Champions: Helping People Eat Right When Money’s Tight***

This 7-minute film will show you how community-based organizations and food stamp offices can work as a team to increase food stamp participation.

[http://www.fns.usda.gov/fsp/outreach/tool-kits\\_state.htm](http://www.fns.usda.gov/fsp/outreach/tool-kits_state.htm)

#### ***Video: Making America Stronger – U.S. Food Stamp Program***

<http://www.cbpp.org/foodstamp-video.htm>

#### ***Getting Out of Poverty for Good***

Families cannot achieve financial security simply by going to work at low-wage jobs. This article explains the link between living wage, poverty and hunger.

<http://www.bread.org/learn/background-papers/2008/getting-out-of-poverty.html>

#### ***Working Harder for Working Families***

The U.S. economy has been growing in recent decades, but the benefits have not been shared equally. Low-wage work is worth less today than in the late 1970’s.

<http://www.bread.org/learn/background-papers/2007/working-harder.html>

### ***More Than Words (V1062)***

Published by the General Board of Church and Society, this (older) 20 minute video includes a profile of two United Methodist congregations studying and acting on hunger and homelessness in their communities. (age level – adult). Available through the regional media library

***Northwest Job Gap Study*** – Updated annually, this detailed study provides an excellent tool for looking at poverty in terms of “a living wage.” Information is available for each of the northwestern states (as well as county break-downs), and includes costs of housing, insurance, child care, transportation as well as food. [http://www.nwfco.org/job\\_gap.htm](http://www.nwfco.org/job_gap.htm)

## **Prayers**

***Prayers at Home*** - prayers to say while preparing food, before eating, or while throwing out food. <http://www.bread.org/learn/rising-food-prices/RecipeForHope/prayers-at-home.html>

***Prayers for a Time of Hunger*** – prayer before a meal, in a worship service and a litany for a hunger crisis.

<http://www.bread.org/search.jsp?query=prayers+for+a+time+of+hunger>

## **Books**

The End of Poverty: Economic Possibilities for Our Time. Sachs, Jeffrey D. New York: Penguin, 2005.

Love for the Poor. Casey, Crossin, Crump, Grieb; Mitchell, Riggs for The National Council of the Churches of Christ USA. Cincinnati: Friendship Press, 2005.

A Blueprint to End Hunger. Brewer, Brown, Bunch, Dean, Doran, O'Brien, Parker, Prendergast, Schokman, Vollinger. The National Anti-Hunger Organizations, 2004.

Ending Hunger Now. McGovern, Dole, Messer. Minneapolis: Fortress Press, 2005

Finding Solutions to Hunger: A Sourcebook for Middle and Upper School Teachers. Kempf, Stephanie. New York: World Hunger Year, 2005. This resource guide offers a non-sectarian approach to teaching students about world hunger and contains a call to action – a challenge that youth can meet.

Food for Life: The Spirituality and Ethics of Eating. Jung, L. Shannon. Minneapolis: Fortress Press, 2004

From Columbus to ConAgra: The Globalization of Agriculture and Food. Bonanno, Alessandro, Lawrence Busch, William Friedland, Lourdes Goveia, and Enzo Mingione, eds. Rural America series. Lawrence: University of Kansas Press, 1994.

The Third Freedom: Ending Hunger in Our Time. McGovern, George. New York: Simon & Schuster, 2001.

Grace at the Table: Ending Hunger in God's World. Beckmann, David and Simon, Arthur. New York: Paulist, 1999.

Cry Justice! The Bible on Hunger and Poverty. Sider, Ronald, ed. InterVarsity Press

Reinvesting In America. Garr, Robin. New York: Addison-Wesley, 1995.

Justice in the Burbs: Being the Hands of Jesus Wherever You Live . Samson, Will and Lisa; (Emergent Village resources for communities of faith)

Justice in a Global Economy: Strategies for Home, Community, and World. by Pamela K. Brubaker (Editor), Rebecca Todd Peters (Editor), Laura A. Stivers (Editor). Louisville: Westminster John Knox Press, 2006.